Del Mar College
39th Annual Youth Aquatics Program
2012

This is a program of instructional swimming for children age 5-12. Students must be 5 years of age by December 31, 2012. No exceptions made regarding the age requirement.

Who May Enroll

1. Children must be 5 years of age by December 31, 2012 and potty trained.
2. Children should be at least 48" in height.
3. Children who cry excessively or refuse to participate are subject to being dropped.
4. Children may **NOT** be enrolled in more than one section per session (i.e. 8-8:30 and 8:40-9). They may enroll in back to back sessions (i.e. May29-June 7 and June 11-June 21.

Elementary and middle school students are eligible to participate. Students must be 5 years of age by December 31, 2012. A BIRTH CERTIFICATE AND SOCIAL SECURITY CARD MUST BE PRESENTED AT TIME OF REGISTRATION. Students may register for only one section per session, but may register for multiple sessions.

It is recommended that students enrolling be at least 48 inches in height. All students must be potty trained. Students who cry excessively or refuse to participate in lessons are subject to being dropped. Students who drop/withdraw after the second class will not receive a refund. They should also have permission of parent or guardian and be in good health. Students will be assigned to an instructor (approximately 6 students per instructor) according to skill level: beginner, intermediate, and advanced swimmer. Classes are co-educational and parents may select the most convenient time and session.

Sessions will vary on days that they meet so be sure to look at the dates closely.

Tuition fee of $40, per child, for 8/30 minute lessons and must be paid at the time of registration.

Registration begins Monday, May 2, 2012. Register in person at the Center for Economic Development, 3209 S. Staples (near Kostoryz/Staples intersection), phone number 698-2122. NO MAIL-IN OR PHONE-IN REGISTRATION WILL BE ACCEPTED. Registration days/times are:

Monday-Thursday	7:30 am – 6 pm
Friday	7:30 am – 12 noon
Saturday	7:30 am – 12 noon

Class Schedule

Session	Dates	Days	Times
Session 1	May 29 – June 7	Monday – Thursday	8-8:30 am 8:40-9:10 am 9:20-9:50 am
Session 2	June 11 – June 21	Monday – Thursday	8-8:30 am 8:40-9:10 am 9:20-9:50 am
Session 3	June 25 – July 6	Week 1 – Monday – Thursday Week 2 – Monday, Tuesday, Thursday, Friday	8-8:30 am 8:40-9:10 am 9:20-9:50 am
Session 4	July 9 – July 19	Monday – Thursday	8-8:30 am 8:40-9:10 am 9:20-9:50 am

Beginner: Children develop self-confidence while learning stroke development. Skills include front, back and side strokes, rhythmic breathing, water games, and safety

Intermediate: Children must be able to complete the following without flotation: swim any stroke for 15 meters, over arm stroke, tread water for 30 seconds, back float for 15 seconds, and be comfortable in the deep end

Advanced: Children must be able to complete 25 meter front crawl with rotary breathing, 25 meter backstroke and 3 minute back float

**For group lessons to run, there must be a minimum of 3 participants in each class

**Fees must be paid at the time of registration, that is the only way to guarantee a spot

YOUTH AQUATICS INFORMATION SHEET

1. Welcome to the Del Mar College Youth Aquatics Program. It is the aim of the supervisor and the instructors that the participants in this program will achieve as much as possible in acquiring safety and recreational skills for enjoyment in aquatic activities.
2. All classes will be held at the Del Mar College Aquatic Center at the scheduled times. Students should come to the first class meeting prepared to get into the water.
3. Parents may observe classes from the balcony or patio area provided instruction is not disrupted**. PARENTS WILL NOT BE ALLOWED ON THE POOL DECK OR PICNIC TABLES IN THE POOL AREA.**
4. Small children, who are not enrolled in the program, must be supervised by a parent when in the Aquatic Center or patio area. All persons entering the Aquatic Center are requested to refrain from smoking, eating, or drinking, while in the building.
5. Youth Aquatics participants and family members are not allowed use of any recreational or instructional equipment and are not allowed to enter any adjoining areas/buildings. Participants and family members should restrict their access to pool and/or patio area and adjoining restroom/dressing facilities only.
6. Class procedures are as follows:
    a. Students may dress and shower in the dressing rooms before and after class participation
    b. Students must bring their own towels
    c. A bathing cap is recommended for students with long hair. If a bathing cap is not used, hair must be pulled back away from the face
    d. Remove jewelry, hair pins, gum and any other articles detrimental to swimming before entering the pool area
    e. Students entering class will check in with the instructor and wait on the pool deck until the instructor begins class practice. **DO NOT ENTER WATER WITHOUT INSTRUCTOR'S PERMISSION.**
    f. No glass containers (shampoo, etc.) in the building
    g. No rough play will be allowed during class time, anywhere on deck, or in the remainder of the building
    h. No running in the building
    i. Please be prompt to class
    j. Students must dry off before leaving the pool area
7. Students who are absent will not be allowed to makeup missed clases
8. Students enrolled in the Del Mar College Youth Aquatics Program do not have access to recreational facilities other than at the designated class time
9. **Parents and/or guardians must pick up children on time. Del Mar College is not responsible for children after class has ended**

Thank you for participating in the Del Mar College Youth Aquatics Program