

Horizons

Spring 2006

Del Mar College • Senior Citizens Education Program • Special Services

Special Interest Classes for Age 55 and Older

Register by calling (361) 698-1298 or come by the Special Services Office, Room 188 in the Harvin Student Center. Doctor's permission required for swimming and water exercises. A small annual fee for water exercise and swimming classes is charged to cover the expense of providing a lifeguard. **See calendar on other side for semester dates.**

When you park, please leave clearance for pedestrians to use the sidewalk. If you enter on Dicianna Drive, be sure you use the proper lane. We recommend, that if you bring a tote bag, you put your name on the outside of the bag.

Seniors in non-computer classes may receive a Senior Citizens Education ID card. Your ID card entitles you to attend most campus activities and to use the pool during recreational swim hours (hours to be announced).

Spring 2006 Classes

Class	Day	Begins	Time	Place	Instructor
Beginning Public Speaking*	Wednesday	January 18	2:30-3:20 p.m.	CB-110	Corona
Conversational Spanish	Tuesday	January 17	12:30-2:20 p.m.	CB-112	Coons
Lap Swimming	Mon/Wed	January 17	4:30-5:30 p.m.	Pool	Dugat
Beginning Swimming	Friday	January 20	7-7:50 a.m.	Pool	Buzbee
Intermediate Swimming	Friday	January 20	8-8:50 a.m.	Pool	Balcar
Water Exercise I	Mon/Wed	January 18	7-7:50 a.m.	Pool	Buzbee
Water Exercise II	Mon/Wed	January 18	8-8:50 a.m.	Pool	Albritten
Water Exercise III	Tue/Thur	January 17	8-8:50 a.m.	Pool	Fogel
Water Exercise IV	Tue/Thur	January 17	7-7:50 a.m.	Pool	Joseph
Computer Classes	TBA				
Beginning English	Friday	January 20	10-10:50 a.m.	CB 112	Ramos

*Certificate of participation provided at last class.

Special Interest Computer Classes for Age 55 and Older

Del Mar College is pleased to offer a variety of computer courses from Keyboarding (required for those typing less than 20 words a minute) to the Internet and e-mail (for those already comfortable in a Windows environment). These classes are offered on varied schedules, depending on room availability and our volunteer instructors' schedules. Call (361) 698-1298 to be placed on a waiting list.

Horizons
Del Mar College
Senior Citizens Education Program
of the Special Services Office

Coordinator of
Senior Citizens Program
Pam Pudelka

Senior Citizens Clerk
Jane Graham

(361) 698-1298 • FAX (361) 698-1092
Office Hours
7:30 a.m. - 5 p.m., Monday-Thursday
7:30 a.m. - 12:30 p.m., Friday
Harvin Student Center
Room 188

Del Mar College does not discriminate on the basis of race, color, sex, age, national origin, religion, disability or any other constitutionally or statutorily impermissible reason.

The provisions and information set forth in this newsletter are intended to be informational and not contractual in nature.

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Share Your Talents!

For Seniors age 55 or older, Del Mar College offers free special interest classes. If you are an expert with computers, want to share your love of great literary works, know how to crochet, knit, or tat, or have another talent, volunteer to be an instructor.

In our computer classes, we need volunteers with computer knowledge to act as instructors (training in instructional methods will be provided) as well as for floor instructors, who circulate around the classroom providing individual assistance to participants.

Call 698-1298 to find out how you can help!



What a Deal! Tuition-Free Classes for Age 65 and Older!

Del Mar College offers courses to Seniors 65 or older, tuition free. Any course listed in the credit or noncredit class schedule, whether academic, developmental, job preparation, occupational, or personal enrichment, may be taken if space is available.

Sign up by telephoning (361) 698-1298. Participants do not receive credit and must purchase their own books and materials. Participants must also pay all applicable fees. Fees can vary from \$11 to over \$100 depending on the course.

SPRING 2006 CALENDAR

Spring Classes begin..... Tuesday, January 17
Spring Break March 13-18

Classes Resume Monday, March 20
Last Day of Class..... Wednesday, May 3