

NEWSLETTER

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Healthy Living Year-Long Program

Twenty employees signed up to receive healthy living suggestions from nurses at the Texas A&M University Health Science Center.

The first sessions were held in October 2008 with two eye opening presentations that were delivered to increase awareness of the importance of making healthier choices in nutrition and physical activity. Participants were guided to set goals and be accountable for what they eat and how they exercise.

The program strategies are to assist participants in adopting healthy behaviors. Data was collected on each participant (Weight, BMI, body fat %, blood pressure, cholesterol, and blood glucose levels) and diet and exercise goals were determined.

Follow-up sessions (data collection) will be held very three months until October 2009 with the desired results being that participants will have adopted lifelong habits in better nutrition and exercise.



NEED PROFESSIONAL DEVELOPMENT?

Check out the ONLINE modules available at WWW.TXPOD.ORG

Adjunct Faculty Fair to Recruit Part-time Faculty to the College

On December 3, 2008, an Adjunct Faculty Fair was held in the Center for Economic Development with the hope that qualified citizens in the area would be able to learn more about the opportunities available to teach at our institution. More than 80 community members attended to learn about the expectations, qualifications and available support services of a part-time faculty member. They were then given the opportunity to visit with Interim Vice President Marjorie Villani, Interim Dean Mike Anzaldúa, Dean Lee Sloan, several department chairs, and staff from the HR department.



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Paul McCann	Vicky Andrews

Calendar of Events

February 2009	
1	MS Excel 2007 Basics
6	Respondus™ Quiz Builder
10	MS Word 2007 Basics
13	MS PowerPoint 2007
19	MS Publisher 2007
26	Blackboard Training



Web-based Training

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Call Vicky Andrews (x1096) for Login

Training for Blackboard Course Management System



Blackboard (formerly WebCT) allows instructors to create an interactive online learning environment. Faculty currently teaching online will have their courses migrated from WebCT to Blackboard by Fall 2009. This spring a small group of online faculty are piloting this new course management system and many more will migrate for Summer I. An online Blackboard faculty lounge is being used for the pilot faculty to discuss issues and receive help. They also gather each Friday in the TLC

to get one-on-one assistance. Training for all faculty moving to (or just joining) the Blackboard system will begin on Feb. 26 from 3-5 PM. A list of tutorials can be found at: <http://www.delmar.edu/tlc/blackboard.html>

Updated Computer Labs in TLC



The Teaching and Learning Center has an updated look with new flat screen monitors and Apple MAC mini computers. A SmartBoard™ has been installed on the wall and a projector installed on the ceiling, therefore creating

a clean, efficient training area. The new setup allows both PC and MAC users to choose the operating system they prefer.

