

Culinary Camp Daily Outline

Day 1

Knife skills, Sanitation and Safety

Items needed:

- Potato
- Carrots
- Celery
- Onion
- Towels
- Hair nets
- Peelers

Day 2

Soup, rice cookery and the breakdown of a chicken

Items needed:

- Whole Chicken 1 per 2 students
- Salt
- Pepper
- Garlic
- Rice
- Cummin
- Knor Tomato seasoning

Day 3

Fine Dining and Purchasing

Items needed:

- Angel Hair Pasta
- White Wine
- Garlic
- Shallots
- Lemon

- Basil Pesto
- Grape Tomatoes
- Fresh Basil
- Cream
- Parmesan Cheese
- Shrimp with Shell

Day 4

Desserts, Cream Puffs and Chocolate Chip Banana Muffins

Items needed:

Cream Puffs

- Butter
- Salt
- Flour
- Eggs
- Butter for Filling
- Cocoa Powder
- Powder Sugar

Banana Bread

- Bananas
- Eggs
- Flour
- Baking soda
- Cinnamon
- Sugar/Brown Sugar
- Salt
- Vanilla Extract
- Chocolate Chips
- Butter

Day 5

Roasting, Pan Frying, Roux (Gravy), Blanching and Aromatics.

Items Needed:

- Mini Potato
- Butter
- Garlic
- Rosemary
- Chicken Thin Sliced Breast
- Flour
- Salt/Pepper
- Butter
- Milk
- Broccoli
- Lemon