DEL MAR COLLEGE

Application Packet
Certified Nurse Aide (CNA) Training Program

Required Application Documents:

1. Completed Nurse Aide Training Program Application (Pages 7-12)
2. Completed Health History Form
3. Copies of Required Immunization Records including Tuberculosis Test (TB) within the last year
4. Concentra Drug Screen Custody Control Form (pg. 12 detach and take to Concentra appointment) Submit your receipt from Concentra to Del Mar with your application. **Drug screen is valid for 30 days, please schedule your drug screen 30-45 days prior to the first day of class.**
5. American Heart Association CPR *Basic Life Support (BLS) Provider* and *Heartsaver First Aid* certification provide a copy/submit with this application.
6. Hospital requires COVID vaccination or affidavit.

Application
Interested students must apply for the Certified Nurse Aide Training Program by completing and faxing all required application documents to 361-698-2254 or deliver to 3209 S. Staples St. Room 115, Corpus Christi, TX, 78411. https://map.delmar.edu/#ctdl-GMAP_2017112125949 ALL applications will be destroyed within 30 days.

Registration
Approved program applicants will be notified when they are eligible for registration. Students can register at https://self.delmar.edu/Student/InstantEnrollment Registration is on a first come, first served basis. Classes may be closed due to maximum enrollment or cancelled without notice. Prospective students are encouraged to complete all documentation and register early.

Financial Aid
Financial Aid may be available for the Nurse Aide Training Program if the student qualifies and if funds are available. Those students wishing to inquire and/or apply for Financial Aid information may do so at https://www.delmar.edu/becoming-a-viking/afford/finaid-forms.html or by calling (361) 698-1726. Students interested in using financial aid or any other type of funding must have their financial aid voucher/form of payment ready at the time of registration. **Please indicate to the Financial Aid office at the time of application that you are applying to a Continuing Education Program and not a College Credit Program, as funding sources are different.**

English Reading and Writing Proficiency
Students are expected to be proficient in the English language. High School diploma or GED is not required to participate in the program.

Required Courses

Course Name & Number:	Total Contact Hours	Tuition Cost
NURA 1001: Nurse Aide for Health Care Lecture	**72 contact hours**	**$415.00**
NURA 1060: Nurse Aide for Health Care Clinical	**72 contact hours**	**$520.00**

(Tuition and fees may change at the discretion of the department.)

Revised 11/2025

Course Descriptions

NURA 1001: Classroom and Laboratory preparation for entry level nursing assistants to achieve a level of knowledge, skills, and abilities essential to provide basic care for residents of long-term care facilities. Topics include resident's rights, communication, safety, observation, reporting and assisting residents in maintaining basic comfort and safety. Emphasis on effective interaction with members of the health care team. Concurrent enrollment in NURA 1060 is required.

NURA 1060: A continuation of NURA 1001 that includes a health-related clinical learning experience that enables the student to apply specialized occupational theory, skills, and concepts for entry level nursing assistants. Direct supervision is provided by the clinical instructor. Concurrent enrollment in NURA 1001 is required. Texas Health and Human Services requires clinical participation with an approved long term care facility in person.

Prerequisite: Credit in course NURA 1001

Required Course Textbooks/Workbooks

Hartman's Nursing Assistant Care: The Basics, 6th Edition ISBN: 978-1-60425-141-8
Hartman's Nursing Assistant Care: The Workbook, 6th Edition ISBN: 978-1-60425-142-5

Textbook may be purchased at:

Del Mar College On-Campus Bookstore
Heritage – Harvin Center
Corner of Baldwin Blvd. & Ayers
(361) 884-1823

Classroom Grading System

Quizzes 25%
Exams 25%
Final Exam 50%

Completion Grading System

90 - 100 = A
80 - 89 = B
Below 80 = Fail (F)

Clinical Assessment

Lab Skills/Classroom.....Lab skills practice is evaluated as
SATISFACTORY (S) = Pass (P)
UNSATISFACTORY (U) = Fail (F)

Del Mar College Student ID

Your instructor will inform you when ID badges may be obtained from the library.

***ID cards available only when campuses are open.**

Immunizations
Past immunization records may be retrieved from your health care provider, the county health department, or your high school registrar. Immunizations may be updated with your health care provider, the county health department, Concentra or any other medical facility that administers vaccines.
Only copies of immunization records will be accepted. All records submitted with the application will no longer be released back to the student. Therefore, it is imperative students hold on to their original immunization documentation.

Provide your health care provider with the list of ALL immunizations required below. Applicants must provide a copy of official documented proof of ALL immunizations.

- **VARICELLA (CHICKEN POX) immunity as shown by one of the following:**
  - Physician/parent/guardian documented history of the disease (form attached)
  - Immunization record from physician documenting One dose on or after the student's first birthday or, if the first dose was administered on or after the student's thirteenth birthday
  - Two doses of varicella (chickenpox) vaccine are required or serum titer confirming immunity.
- **COMPLETE HEPATITIS B VACCINATION SERIES**
  - Three doses administered over a 6-month period or a serum titer confirming immunity.
- **MEASLES, MUMPS AND RUBELLA VACCINATION (MMR) or a serum titer confirming immunity to each disease.**
  - Second measles vaccination (may be a part of a second MMR) or a serum titer confirming immunity.
- **PPD T.B. TEST WITH A NEGATIVE READING**
  - PPD skin test within the last year
- **ONE DOSE OF A TETANUS-DIPHTHERIA TOXOID (TD) IS REQUIRED WITHIN THE LAST TEN YEARS**
  - The booster dose may be in the form of a tetanus-diphtheria-pertussis Tdap.
- **Age 21 and younger, the Meningitis/Meningococcal vaccine is required.**
- **Hospital requires proof of COVID vaccination or affidavit.**

Drug Screen
All applicants must submit a drug screen thru *Concentra* located at 4025 South Padre Island Drive. *Concentra's* phonenumber is 852-8255 and the fee is approximately $54.00, payable by the student. Students will receive a Custody Control receipt form from Concentra at the time of specimen collection and this form must be submitted with the NurseAide application. Official drug screen results will be sent directly from Concentra to Del Mar College. Concentra document is on page 12 and is to be submitted to Concentra at the time of your appointment. Drug Screen Verification must be submitted with application packet. **Drug screen is valid for 30 days, please schedule your drug screen 30-45 days prior to the first day of class.**

Criminal Background Check
The Texas Department of Health and Human Services requires a background check from the Texas Department of Public Safety. Del Mar College Health Care Department will generate this report at no cost to the student. The results of the DPS report may result in disqualification of an individual for admission to the Certified Nurse Aide Program.

American Heart Association CPR/First Aid Certification (Required prior to start)
Students in the Nurse Aide Training Program must be certified in CPR before beginning course. *Basic Life Support (BLS) Provider* and *Heartsaver First Aid* certification course will be offered on designated Saturdays at the Del Mar College Center for Economic Development. Cost of the course is $61.00. Students unable to attend the Saturday CPR class will be responsible for finding a CPR provider and providing documentation prior to start date.

Required Supplies for the first day and every class/clinical day.

- Teal colored scrubs (scrub top with front pockets is preferred). Uniforms may be purchased at any uniform store. A lab coat may be worn and is required to be the same color as the scrub bottom and top. White is reserved for instructors only.
- Comfortable (predominantly) white closed-toe shoes. (Shoes with some color, for example on the brand logos, are acceptable but shoes should be predominantly white in color.) No Crocs™ allowed.
- ID badge provided by the college (announcement will be made by instructor where to obtain this). You must dress in the teal uniform for the photo id badge.

- Uniform patch stitched on, below the shoulder seam, centered on left sleeve only. Patches may be purchased at the Del Mar College On-Campus Bookstore.
- Waterproof analog watch with and military time. No Smartphone or Smartwatches will be allowed.
- Blue ink pens
- Supply kit which consists of a blood pressure cuff, digital thermometer, stethoscope, gait belt and pen light. Kits may be purchased at Alameda Medical Supply located at 1326 Airline Road or any medical store where these items may be sold separately.

Dress Code and Electronics Usage

- Students are expected to attend classroom and clinical sessions clean and neatly dressed in required scrubs that present a professional appearance with ID badge visible. Students not conforming to the dress code will be sent home. Repeat violations will result in dismissal from the program at the discretion of the Assistant Director.
- Your Photo ID is an integral part of the uniform. Placement is on the left upper chest with photo visible.
- Hair must be a clean natural color, neat and pulled back away from the face. Male students must either shave regularly or keep a clean and well-groomed mustache and/or beard.
- Students should bathe every day and are expected to refrain from excessive use of perfume, cologne or after shave lotion due to the proximity in the lab/clinical working environment with other students and patients. Fragrances or essential oils could cause bronchospasms in the client.
- Fingernails must be kept clean and short (1/8" above the fingertips). Artificial nails are NOT permitted due to infection control issues. Only clear nail polish will be allowed on fingernails.
- Jewelry should be conservative and limited to only a wedding ring, wrist watch, necklace kept close to the skin and not dangling, and one pair of earlobe earrings not extending ½ inch below the earlobe. No bracelets, visible tattoos, body or face piercing, gauges or cartilage piercings of any kind are allowed. Other articles of clothing such as hats, hair accessories, etc. that may present a safety issue or be disruptive to the learning process will not be allowed.
- A white, gray, or black undershirt discreetly hidden underneath the scrub top may have to be worn to avoid revealing undergarments or skin exposure. Scrub pants must be the right length and hems cannot be dragging or touching the floor.
- Please ensure scrub top and pants fit comfortably and provide appropriate cover during any type of physical movement such as bending down, bending over, kneeling, lifting, reaching, etc. Additionally, pants must not drag or touch the floor.
- All electronic devices, including cell phones must be turned off or muted. Absolutely no use of cell phones, including text messaging, during classroom or clinical time is allowed. No smart watches are allowed.

Clinical and/or Classroom Conduct Expectations

Students who do not adhere to the classroom and laboratory site requirements may be dismissed from the program and may not be recommended for the National Certification in accordance with college policy. This includes the following, but not limited to:

- Uncooperative behavior or attitude
- Excessive tardiness
- Excessive absences
- Malpractice (out of the scope of practice)
- Smoking, vaping or illegal drug use
- Any other concern brought up by the supervisor and/or instructor of the clinic/hospital.

Please refer to the Del Mar College Student Handbook for additional student information Catalog and Student Handbook 2023–2024 » Your Rights, Responsibilities, Safety » Rights and Responsibilities

Attendance and Tardiness
Regular and punctual attendance is critical and required at all classroom and clinical sessions. Students must sign the Texas Health and Human Services Daily sign-in record for attendance. The Texas Nurse Aide Program requires mandatory hours. There will be no make-up lecture or clinical days. Student absences will be closely monitored. Punctuality is expected and closely monitored.

The first 21 hours of classroom training are required according to state program requirements - no exceptions. Any student absent during the first 21 hours of classroom training will be removed from the program. There are no make-up days offered or available.

Student must attend scheduled hours as indicated by instructor. No arriving late or leaving early to and from this course. This will result as an unexcused absence. Any additional time missed will constitute an automatic dismissal from the program; therefore, it is advised students use excused absences for **emergency situations only.** Excused absences include documented Illness of either yourself or a member of your immediate family, death in the family, disabling traffic accident, court appearance or jury duty, military duty, or weather emergency. Students must provide the appropriate documentation for the absence. The student will be responsible for acquiring the missed classwork, homework, and skills missed. It is not the instructor's responsibility to initiate arrangements for missing assignments. Following a documented excused absence, the student is allowed one subsequent class day to complete and submit any missing assignments, test, quizzes, or skills performance, the **next class day only**. Any student work submitted late (after the allowable one day), the instructor will deduct an automatic 10 points per written assignment each day the assignment or performance of a lab skill is late. Skill performance demonstration and mastery must be attained and documented following an excused and documented absence within the subsequent one day. The 10 points will be deducted each day the skill is not demonstrated following that documented and excused absence.

Certification Examination Date
After successfully completing the Del Mar College Nurse Aide training program with an 80 or above class average and attendance, the students will be authorized and recommended to TULIP to test. You are required to schedule your own exam date online through TULIP.

You are required to bring two (2) original forms of current, not expired, official signature-bearing identification. One must be photo-bearing. Photocopies of identification will NOT be accepted. If identification is an ITIN number, you must present a second form of signature bearing ID. Examples if valid photo identification include:

- U.S. Federal or state issues identification
- U.S. state issued identification.
- U.S. financial institution issued identification.
- Work identification
- Student identification
- U.S. government-issued Military I.D.
- U.S. Passport
- Alien Registration Card
- Original Birth Certificate with Seal

The name on your identification must be the same as the name you used to register for the examination. **If you do not bring proper identification, you will not be allowed to test, and your examination fee will not be refunded.**

Texas Health and Human Services

TULIP (Texas United Licensure Portal)

Website: https://txhhs.force.com/TULIP/s/login/
Technical Support: TULIP_support@hhs.state.texas.gov
Monday – Friday 7 a.m. – 5 p.m. Central Standard Time

Estimated Cost to Attend	
Tuition	$ 935.00
Drug Screen	$ 54.00
CPR/BLS Course	$ 61.00
Textbook and Workbook	$ 52.00
Nurse Kit and Supplies	$ 63.99
Nurse Aide Certification Exam	$ 125.00
Estimated Total	$1290.99

The Del Mar College Nurse Aide certification program will prepare students for entry-level positions as nurse aides and achieving a level of knowledge, skills, and abilities essential to provide basic care for residents of long-term care facilities. Topics will include resident's rights, communication, and safety, observation, reporting and assisting residents in maintaining basic comfort as well as emphasizing effective interaction with members of the health care team. Classroom instruction will include lecture, discussions, demonstrations and active student participation. **At no time, is a Del Mar CNA candidate to perform any skills without the direct supervision of their assigned Del Mar/Tx DHHS approved instructor.** Upon successful completion of the program, students will be eligible for the National Nurse Aide examination which includes an evaluation of skills performance and written comprehension competencies.

Services for Students with Disabilities
Del Mar College and the Center for Access and Advocacy are committed to ensuring equal access to college services, programs, and activities for qualified students with disabilities in accordance with The Americans with Disabilities Act (ADA) 1990, The ADA Amendments Act of 2008, Section 504 of the Rehabilitation Act of 1973, and applicable Texas state laws. As such, students shall not be excluded from participation in, denied the benefits of, or be subjected to discrimination under any program or activity of the College. Please contact the Center at 361-698-1292 or access@delmar.edu.

Access Services
Access Services is part of the Center for Access & Advocacy (CAA).
Heritage Campus – Harvin Center, Room 118
Windward Campus – Health Science 1, Room 215
Oso Creek Campus – Main Building, Room 213
Contact Number: 361-698-1292 Email address: access@delmar.edu

DEL MAR COLLEGE

HEALTH CARE PROGRAMS
NURSE AIDE TRAINING PROGRAM

Last Name:_____ First Name:_____ Middle Initial:_____

Address_____ City_____ Zip _____

Home Telephone #_____ Alternate or Cell# _____

Social Security #_____ Date of birth_____

Email Address_____

PLEASE CHECK OFF THE LIST BELOW AND ATTACH THE REQUIRED DOCUMENTS TO THIS APPLICATION BEFORE SUBMITTING:

- ❒ **Nurse Aide Training Program Application (pages 7-14)**
- ❒ **Complete Health History Form**
- ❒ **Copies of Required Immunization Records including Tuberculosis Test (TB) within the last year**
  (Do not submit application if any immunization records are missing)
- ❒ **Custody Control Drug Screen Form receipt received from Concentra. Drug screen is valid for 30 days, please schedule your Drug Screen 30 – 45 days prior to the first day of class.**
- ❒ **Copy of American Heart Association CPR** *Basic Life Support (BLS) Provider* and *Heartsaver First Aid* certification.

STUDENT SIGNATURE:_____ DATE: _____

DEL MAR COLLEGE

HEALTH HISTORY FORM
(Please fill out completely)

Name_____ Date of Birth_____

Address_____ City_____ Zip_____

SS# **or** DMC ID#_____ E-mail_____

Phone (Home)_____ (Cell)_____ (Other) _____

Person to be contacted in the event of an emergency:
Name_____ Relationship to you _____

Address_____ City_____

Phone (Home)_____ (Cell)_____ (Other)_____

Doctor_____ Doctor's Phone _____

Hospital Preference_____ Medical Insurance_____

Any medications you are currently taking (prescribed and over the counter)

Check the following as it applies to your health history:

_____High blood pressure
_____Elevated blood cholesterol
_____Previous or current hernia
_____Family history of heart disease
_____Sedentary lifestyle (inactivity)
_____Diabetes
_____Autism/Asperger Spectrum
_____ADD/ADHD
_____Allergies
_____Respiratory problems
_____Cancer
_____Muscle, joint or back disorder
_____Seizures
_____Currently pregnant
_____Mental Health

Explanation of the above items (continue back if needed): _____

I understand there are risks inherent in participating in any physical activity and will seek the advice of my physician, if appropriate. Del Mar College assumes no liability for any injury or illness I may sustain while participating in classroom, lab, or clinical activities. I will inform my instructor of any health changes. I understand that I am participating at my own risk.

Signature of Student:_____ **Date**_____

Signature of Parent:_____ **Date**_____
(If applicable)

Documenting History of Illness: Varicella (Chickenpox)

*This form summarizes the "**Exceptions to Immunization Requirement (Verification of Immunity/History of Illness)" incorporated in Title 25 Health Services §97.65 of the Texas Administrative Code (TAC)**.*

Section §97.65 of the TAC states, "A written statement from a parent (or legal guardian or managing conservator), school nurse, or physician attesting to a child's/student's positive history of varicella disease (chickenpox), or of varicella immunity, is acceptable in lieu of a vaccine record for that disease (see form at http://www.dshs.state.tx.us/immunize/docs/c-9.pdf)." School nurses may also write a statement to record cases of chickenpox that they see. The school will make and keep copies of any reports proving chickenpox illness or the results of any serologic tests given as proof of immunity. The original should be given back to the parent or guardian. If a parent or guardian cannot give the history of disease, or if serologic proof is not available, the varicella vaccine requirement must be met.

Proof of having had chickenpox disease can be proved by:

1. Serologic blood confirmation of varicella immunity.
2. A written report from a doctor, school nurse, or the parent or guardian ofthe child or student using words like:

"This is to prove that _____ *had chickenpox on or about*

(Name of student)

_____ *and does not need varicella vaccine."*

(month / day / year)

_____

(Signature)

_____

(Relationship to student)

_____

(Date)

Visit our website at:
www.immunizetexas.com

What is a Nurse Aide?

Nurse Aides help care for physically or mentally ill, injured, disabled, or infirmed individuals confined to hospitals, long term care nursing facilities, and mental health settings. Aides perform routine tasks under the supervision of nursing and medical staff. Duties may include:

- Serving and assisting with meals
- Making beds
- Assisting clients to eat, dress, and bathe.
- Responding to resident call lights
- Measuring and recording client's temperature, pulse rate, respiration rate, and blood pressure
- Assisting client getting into and out of bed and ambulating
- Keeping client rooms neat and organized
- Observing/monitoring client's physical, mental, emotional conditions; recognizing and reporting the subtle or significant changes of the resident to nurse in charge.

DRUG SCREEN
IS VALID FOR 30 DAYS,
PLEASE SCHEDULE YOUR DRUG SCREEN 30-45 DAYS
PRIOR TO THE FIRST DAY OF CLASS.

Concentra™

(Take this form to Concentra for Drug Screen. Patient must present Authorization and Photo ID at the time of service)

Authorization for Examination or Treatment

Patient Name: _____ Social Security Number: _____

Employer: _____ Date of Birth: _____

Street Address: _____ Location Number: _____

Temporary Staffing Agency: _____

Work Related

☐ Injury ☐ Illness

Date of Injury _____

Substance Abuse Testing★ (check all that apply)

☐ Regulated drug screen ☐ Breath alcohol

☐ Collection only ☐ Hair collect

☑ Non-regulated drug screen ☐ Rapid drug screen

☐ Other _____

Type of Substance Abuse Testing

☑ Preplacement ☐ Reasonable cause

☐ Post-accident ☐ Random

☐ Follow-up

Physical Examination

☐ Preplacement ☐ Baseline ☐ Annual ☐ Exit

DOT Physical Examination

☐ Preplacement ☐ Recertification

Special Examination

☐ Asbestos ☐ Respirator ☐ Audiogram

☐ Human Performance Evaluation★

☐ HAZMAT ☐ Medical Surveillance

☐ Other _____

Billing (check if applicable)

☐ Employee to pay charges

Special instructions/comments:
Student is enrolled in Continuing Education Health Care Training Program. Drug Screen is required. Student is Self-Pay.

★ Due to the nature of these specific services, only the patient and staff are allowed in the testing/treatment area. Please alert your employee so that they can make arrangements for children or others that might otherwise be accompanying them to the medical center.

Authorized by: Linda Sanchez, AAS Title: Interim Program Manager, Del Mar College Healthcare
Please print

Phone: 361-698-2115 email: lsanchez63@delmar.edu Date _____

Concentra now offers urgent care services for non-work related illness and injury. We accept many insurance plans.

(Copies of this form are available at www.concentra.com)

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