## Family Dynamics in Dementia

## presented by Nestor H. Praderio, M.D.

## **ONLINE SEMINAR:**

Wednesday, July 23, 2025, from 5:00 - 6:30 PM

## **REGISTRATION:** Click <u>HERE</u> or scan the QR Code

Dementia is a progressive condition that not only affects memory and cognition but also reshapes the emotional and relational fabric of families. In this educational session, Dr. Nestor H. Praderio—geriatric psychiatrist and founder of Face to Face—will provide an in-depth exploration of how dementia impacts family systems across multiple dimensions. The presentation will examine the evolving roles of family members, the emotional responses commonly seen in caregiving dynamics, and the psychological stressors that can arise over the course of the illness.

Participants will learn how communication patterns often shift in dementia care, and how unresolved family conflict, cultural expectations, and caregiver burnout can influence decision-making, care planning, and overall well-being. Dr. Praderio will offer strategies to support families in fostering healthier interactions, setting boundaries, and promoting compassionate care that honors both the person living with dementia and their support network. Attendees will leave with practical tools to recognize signs of distress, improve family communication, and engage in collaborative care planning. This session is especially beneficial for medical professionals, social workers, nurses, caregivers, and students interested in gerontology or family systems in healthcare.

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South Coastal Area Health Education Center designates this activity for a maximum of 1.5 AMA PRA Category 1 credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This activity has been planned and implemented in accordance with the accreditation requirement and policies of the American Nurses Credentialing Center's (ANCC) Commission on Accreditation through the joint providership of Del Mar College, South Coastal Area Health Education, and Texas Face-to-Face. Del Mar College is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

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