

DEL MAR COLLEGE



PHYSICAL THERAPIST ASSISTANT PROGRAM

ADMISSIONS PROCEDURES

Department of Allied Health
WEST CAMPUS – Health Science Building 1, Office 242
101 Baldwin, Corpus Christi, Texas 78404
Phone: 361-698-2820

www.delmar.edu/ptap

THE PHYSICAL THERAPIST ASSISTANT: A PROFILE

WHO ARE PHYSICAL THERAPIST ASSISTANTS?

Physical therapist assistants, or PTAs, are skilled health care providers who work under the supervision of physical therapists. Duties of the PTA include assisting the physical therapist in implementing treatment programs, training patients in exercises and activities of daily living, conducting treatments, and reporting to the physical therapist on the patient's responses. In addition to direct patient care, the physical therapist assistant may also perform such functions as patient transport, and clinic or equipment preparation and maintenance.

WHAT DO PHYSICAL THERAPIST ASSISTANTS EARN?

According to American Physical Therapy Association member surveys, the median income for a physical therapist assistant is \$45,000. PTAs who were employed in the southern and western regions of the nation earned the highest median salary. PTAs in Corpus Christi, Texas, as of 2015, made \$40,000 - \$60,000 annually.

WHERE DO PHYSICAL THERAPIST ASSISTANTS WORK?

Physical therapist assistants work in hospitals, private physical therapy offices, community health centers, corporate or industrial health centers, sports facilities, research institutions, rehabilitation centers, nursing homes, home health agencies, schools, pediatric centers, and colleges and universities.

WHAT ARE THE EDUCATIONAL REQUIREMENTS FOR BECOMING A PTA?

Physical therapist assistants must complete a 2-year education program. Candidates receive an Associate's in Applied Science degree upon graduation. The course of study includes 5 semesters of academic courses, PTA and clinical courses.

WHAT ARE THE LICENSURE REQUIREMENTS?

Currently, Texas requires physical therapist assistants to be licensed. Licensure stipulates specific educational and examination criteria. Information on practice acts and regulations may be obtained by contacting the licensure board. (512-305-6900 or ptot.texas.gov)

ADMISSIONS PROCEDURES TO THE PHYSICAL THERAPIST ASSISTANT PROGRAM AT DELMAR COLLEGE

Dear Prospective Student:

Thank you for your interest in the Physical Therapist Assistant Program at Del Mar College

Acceptance into the PTA Program is a **SELECTIVE MULTI-STEP PROCESS**. Applicants will be ranked by points using information the student provides to the PTA Program.

For admission consideration, one must first be eligible for admission to Del Mar College.

The following MUST be on file in the Registrar's Office:

Step 1

- 1) Completed Application for admission to Del Mar College
- 2) Official copy of high school transcript or G.E.D. Certificate
- 3) Official copy of college transcript(s), if any
- 4) Placement test scores as required by College (make an appointment with the Testing Center at 698-1645)
- 5) Complete remediation courses, if required

Step 2

Submit the following to the PHYSICAL THERAPIST ASSISTANT PROGRAM OFFICE (Del Mar College, West Campus, HS1 Building, Office 242 or 244, OR, HS2 Building, office 128) **no later than 5:00 p.m. June 1st.**

- 1) Physical Therapist Assistant Program application form
- 2) All college transcripts from other schools, including Del Mar College transcripts (copy)
- 3) Evidence of a total of **15 hours** of observation **in three different physical therapy settings** (i.e. private clinic, pediatric hospital, acute care hospital, rehab hospital, skilled nursing facility) – Observation form attached
- 4) Evidence of a minimum 2.00 cumulative GPA
- 5) Evidence of a minimum 3.00 GPA in the general education courses required for PTA Degree
- 6) Evidence of Reading, English, and Math scores at college level
- 7) Any or all of the academic courses listed may be taken prior to admission into program.

Academic courses not completed before program entry must be taken in the semester listed. Completion of the academic courses enhances student's selection to the Program. To be awarded points, any course work completed prior to entering program must be completed, with a grade given by June 1st.

ADMISSION PROCEDURES CONTINUED

Step 3

To be successful in the PTA Program, the student must meet the following criteria:

- 1) Display of genuine personal desire for a career in Physical Therapy
- 2) Arrange transportation to Del Mar College and the clinical sites
- 3) Have means to purchase uniforms, textbooks, and workbooks
- 4) Have adequate time for studies and clinical practices
- 5) Commitment to learning
- 6) Interpersonal Skills
- 7) Communication Skills
- 8) Effective use of time and resources
- 9) Use of constructive feedback
- 10) Problem Solving Skills
- 11) Professionalism
- 12) Responsibility
- 13) Critical Thinking skills
- 14) Stress Management skills

All applicants are numerically ranked and placed into available openings according to their rank.

Even though Del Mar College has an open-door-policy, the Physical Therapist Program must limit their enrollment due to limited classroom space and available clinical facilities.

Step 4

After submission of all required documents, the top 40 candidates will be notified by July 1st. The top 40 applicants will then take the Test of Essential Academic Skills for Allied Health (TEAS) as the final step in the admissions process. The top 20 students will be notified by July 15th and are chosen to begin the PTA Program each Fall. Other applicants not selected will be notified within 30 days of the application deadline. **The Program accepts 20 students each year.**

SELECTION TO THE PROGRAM WILL BE BASED ON THE FOLLOWING POINT SYSTEM:

BIOL 2401 (10)	BIOL 2402 (10)	HPRS 1106 (10)	HPRS 1204 (10)	ENGL 1301 (10)	PSYC 2301 (5)	Speech (5)	Huma (5)	Math (8)	GPA (15)	TEAS (12)	TOTAL POINTS (100)

GPA (GPA of general education courses listed above)	< 3.00 = Ineligible	3.0 to 3.2 = 6 points	3.3 to 3.6 = 9 points	3.7 to 4.0 = 15 points
TEAS Composite Score	0 to 40% = 0 points	41 to 59% = 2 points	60 to 75% = 8 points	76 to 100% = 12 points
Points based on Grade for courses worth up to 10 points	D = 2 points	C = 4 points	B = 7 points	A = 10 points
Points based on Grade for courses worth up to 5 points (math will receive 8 points)	D = 1 point	C = 2 points	B = 3 points	A = 5 points (Math = 8 points)

(If total points scores are tied, GPA will be used as the tiebreaker.)

**DEL MAR COLLEGE
PHYSICAL THERAPIST ASSISTANT PROGRAM
APPLICATION PROCESS**

The completed application must include the following:

1. All college transcripts from other schools and copy of Del Mar College transcript.
2. Documented observation hours in the physical therapy field.
3. Minimum 2.00 cumulative GPA; and college level REM scores.
4. Minimum 3.00 GPA in the general education courses required for the PTA degree.

After the Department Administrative Assistant receives the **fully** completed application packet by the application deadline, the top candidates will be notified within 30 to 45 days.

The selected students must notify the Department Administrative Assistant of acceptance. An alternate list will be utilized in case an admission is not accepted by a student.

Accreditation Status of the Del Mar College PTA Program

The Physical Therapist Assistant Program at Del Mar College is accredited by the Commission on Accreditation in Physical Therapy Education (CAPTE), 1111 North Fairfax Street, Alexandria, Virginia 22314; telephone: 703-706-3245; email: accreditation@apta.org; website: <http://www.capteonline.org/>.

TECHNICAL STANDARDS FOR PHYSICAL THERAPIST ASSISTANT

Visual Acuity

- A. Acute enough to read small print on product labels used for whirlpool treatments, dressing changes, and specific labels on medicines used modalities.
- B. Acute enough to read small numbers on goniometers, computer screens, and isokinetic reports.
- C. Acute enough to observe postural changes, musculoskeletal changes, and coloration changes.

Hearing Acuity

- A. Acute enough to hear and understand words spoken by instructors and patients.
- B. Acute enough to perceive the spoken word in an environment with a high level of background noise.

Speaking Ability

- A. Verbal expression clear and distinct enough to enunciate medical and surgical terminology.
- B. Ability to express thoughts clearly.

Digital Dexterity

- A. Agile enough to handle modality instruments with both left and right hands at an extremely rapid pace.
- B. Able to write/type up documentation/notes.

DISABILITY ACCOMMODATION

Students who feel they may have difficulty with the above requirements, or students requesting reasonable accommodations or information, must contact the Disabilities Services Office, West Campus, Coleman Center, Room 106, phone number 361-698-1741. The student must contact the Disabilities Services Office if a change in physical or mental status occurs during the course of the Physical Therapist Assistance Program.

PHYSICAL THERAPIST ASSISTANT PROGRAM CLINICAL SITE LISTING

The following is a partial list of Physical Therapy Clinical sites where you can observe. You may also observe at clinics not listed here. **You must perform a minimum of 15 observation hours.** Observation hours must be under the supervision of a physical therapist or physical therapist assistant. We request that you observe three different areas of physical therapy. Hours worked as a technician will count.

Before observing, call the clinic of your choice. Ask for the Physical Therapy Department. Explain that you are a Del Mar College student attempting to get into the Physical Therapist Assistant Program.

Alameda Oaks Nursing and Rehab
1101 South Alameda Street
Corpus Christi, TX 78404
361.882.2711

CHRISTUS Spohn Hospital Beeville
1500 East Houston
Beeville, TX 78102
361.354.2177

CHRISTUS Spohn Kleberg Memorial
1311 East General Cavazos
Kingsville, TX 78363
361.595.9588

Corpus Christi Nursing and Rehab
2735 Airline Road
Corpus Christi, TX 78414
361.992.0816

Fisher Physical Therapy
Northwest Boulevard, #4
Corpus Christi, TX 78410
361.387.5000

CHRISTUS Spohn Hospital Alice
2500 East Main Street
Alice, TX 78332
361.661.8130

CHRISTUS Spohn Hospital Shoreline
600 Elizabeth Street
Corpus Christi, TX 78404
361.881.3515

Coastal Bend Spine and Sport
1301 East Houston
Beeville, TX 78102
361.362.1700

Corpus Christi State Supported Living
902 Airport Road
Corpus Christi, TX 78469
361.442.6296

Humpal Physical Therapy
1302 East 5th Street
Alice, TX 78322
361.664.9675

Kingsville Home Rehab Services
100 East Kleberg, Suite 208B
Kingsville, TX 78363
361.221.9177

Kingsville Nursing and Rehab
3130 South Brahma Boulevard
Kingsville, TX 78363
361.592.8700

New Stride Physical Therapy
3747 South Alameda
Corpus Christi, TX 78411
361.814.9898

New Stride Physical Therapy
14302 Nemo Court
Corpus Christi, TX 78418
361.949.9898

Retama Manor North
232 Morgan
Corpus Christi, TX 78403
361.882.4242, ext. 233

Shea Physical Therapy
5440 Everhart, Suite 1
Corpus Christi, TX 78411
361.994.5224

Shull Physical Therapy
4646 Corona Drive, Suite 105
Corpus Christi, TX 78411
361.225.2539

South Texas Sports Medicine
599 South Staples, Suite 105
Corpus Christi, TX 78413
361.993.9494

South Texas Sports Medicine
206 Cedar Drive
Portland, TX 78374
361.643.3993

Six Points Physical Therapy-South
5017 Saratoga, Suite 139
Corpus Christi, TX 78413
361.814.4800

Therapy First
2101 Airline Road
Corpus Christi, TX 78414
361.993.4778

Trinity Towers & The Holmgreen Center
101 North Upper Broadway Street
Corpus Christi, TX 78401
361.887.2000

Wooldridge Place Nursing Center
7352 Wooldridge Road
Corpus Christi, TX 78414
361.991.9633

**ASSOCIATE IN APPLIED SCIENCE DEGREE:
PHYSICAL THERAPIST ASSISTANT**

FIRST SEMESTER	Fall Semester	Lec. Hrs.	Lab Hrs.	Cred Hrs.	Cont Hrs.
*PTHA 1201	The Profession of Physical Therapy	1	2	2	48
*PTHA 1413	Functional Anatomy	2	6	4	128
*PTHA 1305	Basic Patient Care Skills	2	2	3	64
<u>BIOL 2401</u>	<u>Human Anatomy and Physiology I</u>	3	3	4	96
<u>HRPS 1106</u>	<u>Medical Terminology</u>	1	0	1	16
<u>HPRS 1204</u>	<u>Basic Health Profession Skills</u>	1	4	2	80
SECOND SEMESTER	Spring Semester	Lec. Hrs.	Lab Hrs.	Cred Hrs.	Cont Hrs.
*PTHA 1321	Pathophysiology	3	0	3	48
*PTHA 2509	Therapeutic Exercise	3	5	5	128
<u>PSYC 2301</u>	<u>General Psychology</u>	3	0	3	48
<u>ENGL 1301</u>	<u>Composition I</u>	3	1	3	64
<u>BIOL 2402</u>	<u>Human Anatomy and Physiology II</u>	3	3	4	96
THIRD SEMESTER	Summer 2 Semester	Lec. Hrs.	Lab Hrs.	Cred Hrs.	Cont Hrs.
*PTHA 2217	Issues in Health Care	2	0	2	32
*PTHA 1431	Physical Agents	3	4	4	112
<u>Creative Arts or Language</u>	<u>Philosophy and Culture Core Elective</u>	3	0	3	48
<u>Speech</u>	<u>Core Elective</u>	3	0	3	48
FOURTH SEMESTER	Second Fall Semester	Lec. Hrs.	Lab Hrs.	Cred Hrs.	Cont Hrs.
*PTHA 2435	Rehabilitation Techniques	3	4	4	112
*PTHA 2205	Neurology	2	1	2	48
*PTHA 2266	Practicum – Physical Therapist Assistant	0	18	2	288
<u>MATH</u>	<u>Core Elective</u>	3	0	3	48
FIFTH SEMESTER	Second Spring Semester	Lec. Hrs.	Lab Hrs.	Cred Hrs.	Cont Hrs.
*PTHA 2431	Management of Neurological Disorders	3	4	4	112
*PTHA 2366	Practicum – Physical Therapist Assistant	0	22	3	360
*PTHA 2239	Professional Issues (CAPSTONE)	2	0	2	32
Grand Total:				66	2068

PHYSICAL THERAPIST ASSISTANT PROGRAM

Please notify the PTA Program Director, Jan Spigner, at (361)698-1848 or jspigner@delmar.edu, to report any inappropriate behavior by the applicant during observation (per Del Mar College Student Handbook, delmar.edu/catalog).

OBSERVATION/VOLUNTEER CONTACT HOURS LOG SHEET

Date	Name of Company/ Location	Name and Signature of Licensed PT or PTA (will verify license at ptot.texas.gov)	Types of Patients Observed	Number of Contact Hours

Student's Name: _____

Total Hours: _____

Date: _____

The Observation log can **only be signed by a licensed PT or PTA** (license will be verified at ptot.texas.gov) and is an admission requirement for applicants wanting to enter into the PTA program. Although an applicant is NOT a PTA student and may or may not be a Del Mar College student, since the applicant is seeking entrance into the PTA program **the applicant must comply by Del Mar College policy in regards to behavior**. Inappropriate behavior, per Del Mar College policy, can be found at delmar.edu/catalog.

Any applicant reported for inappropriate behavior while observing at a clinical facility risks loss of the privilege to apply to the PTA Program.

Policy on Criminal Background Checks

Del Mar College's Physical Therapist Assistant Program is committed to ensuring public protection by requiring criminal background checks.

There are misdemeanors and felonies that could prevent, delay or restrict licensure according to the Texas Board of Physical Therapy Examiners. **Therefore, the Program will require background checks before beginning the Program.** Students will also be advised of this policy and procedure during advising and orientation to the Program.

It is also the student's right to keep confidential any information that is on a background check, and the Program will not disclose any information on background check to persons or facilities, unless there is a need or right to know.

If you are aware of any negative reports on your background, please plan ahead. You must complete a Criminal History Evaluation Form available on the Texas Board of Physical Therapy Examiners website at ptot.texas.gov, and submit the form to the Board for review. As mandated by the legislature, the cost to the individual with the criminal history will be \$50.00 for the review. A 120 day time period is needed, after the Board receives all required documentation and fee, to allow the agency sufficient time to respond to the request.

If you answer "yes" to any of these questions, you will need to contact the Texas State Board of Physical Therapy Examiners.

1. Has any professional licensing or disciplinary body in any state, territory, or foreign jurisdiction or nation denied, limited, restricted, suspended, canceled, or revoked any professional license, certificate or registration granted to you or imposed a fine or reprimand, or taken any other disciplinary action against you? Yes No
2. Have you ever voluntarily surrendered any such credential in anticipation of an investigation or disciplinary proceedings or entered into a consent agreement with respect to licensure? Yes No
3. Have you ever been convicted of an offense, placed on probation, or granted deferred adjudication or any type of a pre-trial diversion, in any jurisdiction (municipal, county, state, country, or nation)? (You may exclude minor traffic violations. You must report any offenses involving alcohol or drugs.) Yes No
4. In the past 5 years, have you been diagnosed or treated for alcohol or substance dependency or addiction? Yes No
5. In the past 5 years, have you been determined to be mentally incompetent by a court? Yes No
6. Have you ever been found guilty of malpractice, or settled a malpractice claim? Yes No

If your answer to any question above is "Yes" you must complete a Criminal History Evaluation Form available on the Texas Board of Physical Therapy Examiner's website at ptot.texas.gov, and submit the form to the Board for review. As mandated by the legislature, the cost to the individual with the criminal history will be \$50.00 for the review. A 120 day time period is needed, after the Board receives all required documentation and fee, to allow the agency sufficient time to respond to the request.

The provisions and information set forth in this statement are intended to be informational and not contractual in nature and are subject to modification without notice, by the Administration or the Board of Regents. For additional explanation to the Disclaimer, refer to the College Catalog.

Del Mar College does not discriminate on the basis of race, color, sex, age, national origin, religion, handicap, or any other constitutionally or statutorily impermissible reason. This shall include persons with disabilities.

Del Mar College – Dept. of Allied Health

Program Name: _____ Date: _____

Corpus Christi, TX 78404

STUDENT INFORMATION

(Upon enrollment into the program, the student must pass a background check and drug screen test, at student's expense, for security clearance and continued enrollment in the program.)

Social Security Number: _____ Telephone Number: _____

Name: _____
(Last) (First) (Middle)

Other names under which records may be found: _____

Mailing Address: _____
(Number & Street) (City) (State) (Zip)

Permanent Address: _____
(Number & Street) (City) (State) (Zip)

E-Mail Address(es): _____

EMERGENCY DATA: Name, address and **telephone number** of person to be notified in case of emergency:

High School from which you graduated: _____ GED?
(or last school attended, if not a graduate)

College/Universities attended: _____ Hours completed: _____

Are you currently on scholastic probation? Yes No

Are you currently enrolled at Del Mar College? Yes No

If Yes, in which courses are you presently enrolled? _____

Have you taken the TSI? Yes No When? _____ Where? _____

Have you taken the TEAS? Yes No When? _____ Where? _____

Where did you first hear of the program? Radio TV Internet Other

(If other, please explain. Be specific): _____

Have you visited the Del Mar College Webpage? Yes No

Indicate semester for which you would like to be considered for admission: _____

I certify that the above statements are true and correct. I understand this information is *confidential* and will be held in the strictest of confidence by the department.

(Signature)

(Date)

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NONDISCRIMINATION POLICY: *“Del Mar College does not discriminate on the basis of race, color, sex, age, national origin, religion, handicap/disability, or any other constitutionally or statutorily impermissible reason. This shall include persons with disabilities.”*

NAME: _____

SSN or CWID: _____

PHYSICAL THERAPIST ASSISTANT ADMISSION CHECKLIST

It is the **APPLICANT'S RESPONSIBILITY** to verify that His/Her file is complete in The Physical Therapist Assistant Office, West Campus, Health Science Building 1, Room 242, by the **June 1st deadline**.

PTA Student Information Form (Application)

Please also turn in COPIES of the following:

All College transcripts (*Del Mar College and other schools*)

Observation Form (*evidence of 15 hours in 3 different settings*)

Evidence of college level in Reading, English, and Math; and
Evidence of a minimum 2.00 cumulative GPA; and
Evidence of a minimum 3.00 GPA in general education courses

Please do NOT submit to the PTA Program Office the following:

- High school transcript
- Letters of recommendation
- Copies of diploma(s)
- Copies of certificate(s)
- Etc., etc. Any extra paperwork will be SHREDDED as we do not have the capacity to store excess materials

The **STUDENT MUST** submit to the **Registrar's Office**, IF they are not currently enrolled at Del Mar College:

Del Mar College application

Official High School transcript and previous college transcripts

Placement test scores as required by College

Completed developmental courses, if required